



# SigEp



## WHAT WE STAND FOR

Sigma Phi Epsilon is a **balanced** fraternity. We are dedicated to making the fraternity experience relevant to today's college students. We love parties, but also recognize that college is a time to achieve our own unique goals. With a brotherhood behind us, our own personal aspirations become much easier to attain.

Sigma Phi Epsilon is unhouseed; we do not force the fraternity upon our members. SigEps each have unique identities. Our brothers are RAs, violists, Truman Scholars, Fleet Street and Mendicant singers, directors of Stanford in Government, LSJUMB members, and ASSU Senators. Our fraternity rounds out the Stanford experience by fostering personal development and the bonds of brotherhood.

Our *guiding principles*: **Virtue, Diligence, and Brotherly Love.**

- We believe that individuals should lead virtuous lives and always strive for excellence.
- We believe that we should be diligent in all of our pursuits and undertakings.
- Finally, the backbone of our fraternity is the brotherly love we show in supporting one another.

## Sigma Phi Epsilon is *not* your typical fraternity.

**No pledging or hazing.** Our fraternity does not have a pledge system – instead, each brother is a full member from day one. Our members are challenged to achieve through the Balanced Man Program.

**Our diversity.** Our men come from all walks of life. We are the future entrepreneurs, doctors, engineers, businessmen, statesmen, and leaders of the world. In Sigma Phi Epsilon, there is sure to be a man who shares your interests. Diversity is a pillar of our fraternity because we strive to learn from those with different life experiences. Historically, SigEp was the first national fraternity with both homosexual and non-white members.

## THE BALANCED MAN PROGRAM



The Balanced Man Program is a four-year continuous development program centered on the Balanced Man Ideal. The program seeks to build positive habits and key life skills through mentoring and experiential learning, and it matures and builds upon itself as the student's needs change and progress throughout college. Using self-reflection, discussion, evaluation, and personal written goals, SigEp created the Balanced Man Program to bolster the self- esteem and overall quality of life of its members.

## WHAT WE'VE DONE



**Senior Las Vegas Trip:** 11 brothers flew out to Las Vegas and stayed at the Bellagio Hotel. Aside from placing a wager or two, the brothers experienced the essence of Vegas nightlife by watching shows and going to clubs.



**Party with a Heart On:** This past February, the brothers of Sigma Phi Epsilon threw their first party of the year at ZAP house. The party was invite only, boasted the famous DJ Ambert and a nice variety of drinks in a classy setting.

**Bi-Annual SigEp Formal:** With their dates, brothers took a charter bus to the Atrium Restaurant, a classy and well-known venue in San Francisco, and enjoyed excellent music and a lively atmosphere.



**Super Bowl BBQ:** Beginning with an exciting football game at Roble Field, SigEp hosted a barbeque complete with burgers, hot dogs, spiced sausage and cold drinks before kicking back and cheering their teams on in the biggest football game of the year.



**Cantor Arts Date Night:** Highlighting how SigEp is different from other fraternities on campus, the brothers brought dates to a special tour of Stanford's own Cantor Arts Center. Afterwards, the brothers serenaded the girls, and enjoyed a reception featuring drinks, appetizers and a string quartet performance.



**Cal vs. Stanford Paintball:** The brothers of Stanford SigEp faced off against their counterparts from Berkeley. After emerging victorious in the morning, Stanford mixed up the teams and battled the rest of the afternoon.

**Intramural Sports:** Every quarter, SigEp fields a team or two to play IM Sports. Having reached the playoffs in soccer, dodgeball, and basketball, SigEp maintains its ideal of Sound Body through these weekly athletic events.



**Sigapella:** SigEp a boasts group of talented a capella singers with a repertoire of barbershop quartet songs. Members of Sigapella serenade girls before formals and on Valentine's Day. Most recently, they performed in the KDPHI Talent Show in February.



**Personal Development Workshops:** Current SigEps and Alumni have shared their knowledge on topics as diverse as dressing well, personal finance and investment strategies, career exploration, video editing, and resumes and cover letters.



If you have any questions about SigEp, feel free to contact one of our Executives:

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